



# Sutherland Shire Water Polo Association

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## Social Comp - 18's

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### Pre-season round - Week starting Sun 06 Oct 2024

#### Sutherland Leisure Centre

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| Day | Time | Pool | Team 1 | Team 2 | Referees |
|-----|------|------|--------|--------|----------|
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Round Zero

First Round draw released after Rd Zero

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|-----------------|-------|--------|-----------------------------|-------------------------|--|
| Fri 11 Oct 2024 | 18:30 | Pool 3 | Gunnamatta Megamouth Sharks | Arctic Narwhals         |  |
| Fri 11 Oct 2024 | 18:30 | Pool 4 | Arctic Orcas                | Gunnamatta Guppy Sharks |  |

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## Round 2 - Week starting Sun 13 Oct 2024

### Sutherland Leisure Centre

| Day   | Time  | Pool   | Team 1                      | Team 2                     | Referees        |
|---|-------|--------|-----------------------------|----------------------------|-----------------|
| Fast Fives Competition<br>4 Players + Goalie<br>2 x 10min halves<br><br>Rules:<br>Play ball from GK after a goal<br>Interchange (Flying Subs) along side of pool up to half way of your end (no subs from goal line)<br>Play ball outside 5m - can continue play & shoot if wishes<br>Corner throw - can be played & head to goal & can shoot if wishes |       |        |                             |                            |                 |
| Fri 18 Oct 2024   | 18:30 | Pool 3 | Gunnamatta Megamouth Sharks | Sutherland King Fish       | Macguire Bryant |
| Fri 18 Oct 2024   | 18:30 | Pool 4 | Arctic Orcas                | Gunnamatta Sharpnose Shark | Robert Bryant   |
| Fri 18 Oct 2024   | 18:50 | Pool 3 | Gunnamatta Guppy Sharks     | Arctic Narwhals            | Robert Bryant   |

## Round 3 · Week starting Sun 20 Oct 2024

Sutherland Leisure Centre

| Day   | Time  | Pool   | Team 1                     | Team 2                      | Referees |
|---|-------|--------|----------------------------|-----------------------------|----------|
| Fast Fives Competition<br>4 Players + Goalie<br>2 x 10min halves  |       |        |                            |                             |          |
| Rules:<br>Play ball from GK after a goal<br>Interchange (Flying Subs) along side of pool up to half way of your end (no subs from goal line)<br>Play ball outside 5m - can continue play & shoot if wishes<br>Corner throw - can be played & head to goal & can shoot if wishes |       |        |                            |                             |          |
| Fri 25 Oct 2024   | 18:30 | Pool 3 | Sutherland King Fish       | Gunnamatta Guppy Sharks     |          |
| Fri 25 Oct 2024   | 18:30 | Pool 4 | Arctic Narwhals            | Arctic Orcas                |          |
| Fri 25 Oct 2024   | 18:50 | Pool 3 | Gunnamatta Sharpnose Shark | Gunnamatta Megamouth Sharks |          |

## Round 4 · Week starting Sun 27 Oct 2024

### Sutherland Leisure Centre

| Day | Time | Pool | Team 1 | Team 2 | Referees |
|-----|------|------|--------|--------|----------|
|-----|------|------|--------|--------|----------|

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Fast Fives Competition

4 Players + Goalie

2 x 10min halves

Rules:

Play ball from GK after a goal

Interchange (Flying Subs) along side of pool up to half way of your end (no subs from goal line)

Play ball outside 5m - can continue play & shoot if wishes

Corner throw - can be played & head to goal & can shoot if wishes

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|                 |       |        |                             |                            |
|-----------------|-------|--------|-----------------------------|----------------------------|
| Fri 01 Nov 2024 | 18:30 | Pool 3 | Gunnamatta Megamouth Sharks | Arctic Orcas               |
| Fri 01 Nov 2024 | 18:30 | Pool 4 | Sutherland King Fish        | Arctic Narwhals            |
| Fri 01 Nov 2024 | 18:50 | Pool 3 | Gunnamatta Guppy Sharks     | Gunnamatta Sharpnose Shark |

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## Round 5 - Week starting Sun 03 Nov 2024

Sutherland Leisure Centre

| Day | Time | Pool | Team 1 | Team 2 | Referees |
|-----|------|------|--------|--------|----------|
|-----|------|------|--------|--------|----------|

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Fast Fives Competition

4 Players + Goalie

2 x 10min halves

Rules:

Play ball from GK after a goal

Interchange (Flying Subs) along side of pool up to half way of your end (no subs from goal line)

Play ball outside 5m - can continue play & shoot if wishes

Corner throw - can be played & head to goal & can shoot if wishes

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|                 |       |        |                            |                             |
|-----------------|-------|--------|----------------------------|-----------------------------|
| Fri 08 Nov 2024 | 18:30 | Pool 3 | Arctic Narwhals            | Gunnamatta Megamouth Sharks |
| Fri 08 Nov 2024 | 18:30 | Pool 4 | Gunnamatta Sharpnose Shark | Sutherland King Fish        |
| Fri 08 Nov 2024 | 18:50 | Pool 3 | Arctic Orcas               | Gunnamatta Guppy Sharks     |

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## Round 6 - Week starting Sun 10 Nov 2024

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**Sutherland Leisure Centre**

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| Day | Time | Pool | Team 1 | Team 2 | Referees |
|-----|------|------|--------|--------|----------|
|-----|------|------|--------|--------|----------|

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Fast Fives Competition

4 Players + Goalie

2 x 10min halves

Rules:

Play ball from GK after a goal

Interchange (Flying Subs) along side of pool up to half way of your end (no subs from goal line)

Play ball outside 5m - can continue play & shoot if wishes

Corner throw - can be played & head to goal & can shoot if wishes

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|                 |       |        |                            |                 |
|-----------------|-------|--------|----------------------------|-----------------|
| Fri 15 Nov 2024 | 18:20 | Pool 3 | Gunnamatta Sharpnose Shark | Arctic Narwhals |
|-----------------|-------|--------|----------------------------|-----------------|

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|                 |       |        |                         |                             |
|-----------------|-------|--------|-------------------------|-----------------------------|
| Fri 15 Nov 2024 | 18:20 | Pool 4 | Gunnamatta Guppy Sharks | Gunnamatta Megamouth Sharks |
| Fri 15 Nov 2024 | 18:40 | Pool 3 | Sutherland King Fish    | Arctic Orcas                |

## Round 7 · Week starting Sun 17 Nov 2024

### Sutherland Leisure Centre

| Day | Time | Pool | Team 1 | Team 2 | Referees |
|-----|------|------|--------|--------|----------|
|-----|------|------|--------|--------|----------|



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Fast Fives Competition

4 Players + Goalie

2 x 10min halves

Rules:

Play ball from GK after a goal

Interchange (Flying Subs) along side of pool up to half way of your end (no subs from goal line)

Play ball outside 5m - can continue play & shoot if wishes

Corner throw - can be played & head to goal & can shoot if wishes

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|                 |       |        |                             |                            |
|-----------------|-------|--------|-----------------------------|----------------------------|
| Fri 22 Nov 2024 | 18:20 | Pool 3 | Gunnamatta Megamouth Sharks | Sutherland King Fish       |
| Fri 22 Nov 2024 | 18:20 | Pool 4 | Arctic Orcas                | Gunnamatta Sharpnose Shark |
| Fri 22 Nov 2024 | 18:40 | Pool 3 | Gunnamatta Guppy Sharks     | Arctic Narwhals            |

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## Round 8 - Week starting Sun 24 Nov 2024

| Sutherland Leisure Centre   |       |        |                            |                             |          |
|---|-------|--------|----------------------------|-----------------------------|----------|
| Day   | Time  | Pool   | Team 1                     | Team 2                      | Referees |
| Fast Fives Competition<br>4 Players + Goalie<br>2 x 10min halves<br><br>Rules:<br>Play ball from GK after a goal<br>Interchange (Flying Subs) along side of pool up to half way of your end (no subs from goal line)<br>Play ball outside 5m - can continue play & shoot if wishes<br>Corner throw - can be played & head to goal & can shoot if wishes |       |        |                            |                             |          |
| Fri 29 Nov 2024   | 18:20 | Pool 3 | Sutherland King Fish       | Gunnamatta Guppy Sharks     |          |
| Fri 29 Nov 2024   | 18:20 | Pool 4 | Arctic Narwhals            | Arctic Orcas                |          |
| Fri 29 Nov 2024   | 18:40 | Pool 3 | Gunnamatta Sharpnose Shark | Gunnamatta Megamouth Sharks |          |

## Round 9 - Week starting Sun 01 Dec 2024

| Sutherland Leisure Centre   |       |        |                             |                            |          |
|---|-------|--------|-----------------------------|----------------------------|----------|
| Day   | Time  | Pool   | Team 1                      | Team 2                     | Referees |
| Fast Fives Competition<br>4 Players + Goalie<br>2 x 10min halves<br><br>Rules:<br>Play ball from GK after a goal<br>Interchange (Flying Subs) along side of pool up to half way of your end (no subs from goal line)<br>Play ball outside 5m - can continue play & shoot if wishes<br>Corner throw - can be played & head to goal & can shoot if wishes |       |        |                             |                            |          |
| Fri 06 Dec 2024   | 18:20 | Pool 3 | Gunnamatta Megamouth Sharks | Arctic Orcas               |          |
| Fri 06 Dec 2024   | 18:20 | Pool 4 | Sutherland King Fish        | Arctic Narwhals            |          |
| Fri 06 Dec 2024   | 18:40 | Pool 3 | Gunnamatta Guppy Sharks     | Gunnamatta Sharpnose Shark |          |

**Round 10 · Week starting Sun 08 Dec 2024**

**Sutherland Leisure Centre**

| <b>Day</b> | <b>Time</b> | <b>Pool</b> | <b>Team 1</b> | <b>Team 2</b> | <b>Referees</b> |
|------------|-------------|-------------|---------------|---------------|-----------------|
|------------|-------------|-------------|---------------|---------------|-----------------|

Fast Fives Competition  
4 Players + Goalie  
2 x 10min halves

**Rules:**

Play ball from GK after a goal

Interchange (Flying Subs) along side of pool up to half way of your end (no subs from goal line)

Play ball outside 5m - can continue play & shoot if wishes

Corner throw - can be played & head to goal & can shoot if wishes

|                 |       |        |                            |                             |  |
|-----------------|-------|--------|----------------------------|-----------------------------|--|
| Fri 13 Dec 2024 | 18:20 | Pool 3 | Arctic Orcas               | Gunnamatta Guppy Sharks     |  |
| Fri 13 Dec 2024 | 18:20 | Pool 4 | Gunnamatta Sharpnose Shark | Sutherland King Fish        |  |
| Fri 13 Dec 2024 | 18:40 | Pool 3 | Arctic Narwhals            | Gunnamatta Megamouth Sharks |  |