



Sutherland Shire Water Polo Association

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Social Comp - 18's

Pre-season round - Week starting Sun 06 Oct 2024

Sutherland Leisure Centre

Day	Time	Pool	Team 1	Team 2	Referees
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Round Zero

First Round draw released after Rd Zero

Fri 11 Oct 2024	18:30	Pool 3	Gunnamatta Megamouth Sharks	Arctic Narwhals	
Fri 11 Oct 2024	18:30	Pool 4	Arctic Orcas	Gunnamatta Guppy Sharks	

Round 2 - Week starting Sun 13 Oct 2024

Sutherland Leisure Centre

Day	Time	Pool	Team 1	Team 2	Referees
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Fast Fives Competition
4 Players + Goalie
2 x 10min halves

Rules:
Play ball from GK after a goal
Interchange (Flying Subs) along side of pool up to half way of your end (no subs from goal line)
Play ball outside 5m - can continue play & shoot if wishes
Corner throw - can be played & head to goal & can shoot if wishes

Fri 18 Oct 2024	18:30	Pool 3	Gunnamatta Megamouth Sharks	Sutherland King Fish	Macguire Bryant
Fri 18 Oct 2024	18:30	Pool 4	Arctic Orcas	Gunnamatta Sharpnose Shark	Robert Bryant
Fri 18 Oct 2024	18:50	Pool 3	Gunnamatta Guppy Sharks	Arctic Narwhals	Robert Bryant

Round 3 · Week starting Sun 20 Oct 2024

Sutherland Leisure Centre

Day	Time	Pool	Team 1	Team 2	Referees
Fast Fives Competition 4 Players + Goalie 2 x 10min halves					
Rules: Play ball from GK after a goal Interchange (Flying Subs) along side of pool up to half way of your end (no subs from goal line) Play ball outside 5m - can continue play & shoot if wishes Corner throw - can be played & head to goal & can shoot if wishes					
Fri 25 Oct 2024	18:30	Pool 3	Sutherland King Fish	Gunnamatta Guppy Sharks	
Fri 25 Oct 2024	18:30	Pool 4	Arctic Narwhals	Arctic Orcas	
Fri 25 Oct 2024	18:50	Pool 3	Gunnamatta Sharpnose Shark	Gunnamatta Megamouth Sharks	

Round 4 · Week starting Sun 27 Oct 2024

Sutherland Leisure Centre

Day	Time	Pool	Team 1	Team 2	Referees
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Fast Fives Competition

4 Players + Goalie

2 x 10min halves

Rules:

Play ball from GK after a goal

Interchange (Flying Subs) along side of pool up to half way of your end (no subs from goal line)

Play ball outside 5m - can continue play & shoot if wishes

Corner throw - can be played & head to goal & can shoot if wishes

Fri 01 Nov 2024	18:30	Pool 3	Gunnamatta Megamouth Sharks	Arctic Orcas
Fri 01 Nov 2024	18:30	Pool 4	Sutherland King Fish	Arctic Narwhals
Fri 01 Nov 2024	18:50	Pool 3	Gunnamatta Guppy Sharks	Gunnamatta Sharpnose Shark

Round 5 - Week starting Sun 03 Nov 2024

Sutherland Leisure Centre

Day	Time	Pool	Team 1	Team 2	Referees
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Fast Fives Competition

4 Players + Goalie

2 x 10min halves

Rules:

Play ball from GK after a goal

Interchange (Flying Subs) along side of pool up to half way of your end (no subs from goal line)

Play ball outside 5m - can continue play & shoot if wishes

Corner throw - can be played & head to goal & can shoot if wishes

Fri 08 Nov 2024	18:30	Pool 3	Arctic Narwhals	Gunnamatta Megamouth Sharks
Fri 08 Nov 2024	18:30	Pool 4	Gunnamatta Sharpnose Shark	Sutherland King Fish
Fri 08 Nov 2024	18:50	Pool 3	Arctic Orcas	Gunnamatta Guppy Sharks

Round 6 - Week starting Sun 10 Nov 2024

Sutherland Leisure Centre

Day	Time	Pool	Team 1	Team 2	Referees
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Fast Fives Competition

4 Players + Goalie

2 x 10min halves

Rules:

Play ball from GK after a goal

Interchange (Flying Subs) along side of pool up to half way of your end (no subs from goal line)

Play ball outside 5m - can continue play & shoot if wishes

Corner throw - can be played & head to goal & can shoot if wishes

Fri 15 Nov 2024	18:20	Pool 3	Gunnamatta Sharpnose Shark	Arctic Narwhals
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Fri 15 Nov 2024	18:20	Pool 4	Gunnamatta Guppy Sharks	Gunnamatta Megamouth Sharks
Fri 15 Nov 2024	18:40	Pool 3	Sutherland King Fish	Arctic Orcas

Round 7 · Week starting Sun 17 Nov 2024

Sutherland Leisure Centre

Day	Time	Pool	Team 1	Team 2	Referees
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Fast Fives Competition

4 Players + Goalie

2 x 10min halves

Rules:

Play ball from GK after a goal

Interchange (Flying Subs) along side of pool up to half way of your end (no subs from goal line)

Play ball outside 5m - can continue play & shoot if wishes

Corner throw - can be played & head to goal & can shoot if wishes

Fri 22 Nov 2024	18:20	Pool 3	Gunnamatta Megamouth Sharks	Sutherland King Fish
Fri 22 Nov 2024	18:20	Pool 4	Arctic Orcas	Gunnamatta Sharpnose Shark
Fri 22 Nov 2024	18:40	Pool 3	Gunnamatta Guppy Sharks	Arctic Narwhals

Round 8 - Week starting Sun 24 Nov 2024

Sutherland Leisure Centre					
Day	Time	Pool	Team 1	Team 2	Referees
Fast Fives Competition 4 Players + Goalie 2 x 10min halves Rules: Play ball from GK after a goal Interchange (Flying Subs) along side of pool up to half way of your end (no subs from goal line) Play ball outside 5m - can continue play & shoot if wishes Corner throw - can be played & head to goal & can shoot if wishes					
Fri 29 Nov 2024	18:20	Pool 3	Sutherland King Fish	Gunnamatta Guppy Sharks	
Fri 29 Nov 2024	18:20	Pool 4	Arctic Narwhals	Arctic Orcas	
Fri 29 Nov 2024	18:40	Pool 3	Gunnamatta Sharpnose Shark	Gunnamatta Megamouth Sharks	

Round 9 - Week starting Sun 01 Dec 2024

Sutherland Leisure Centre					
Day	Time	Pool	Team 1	Team 2	Referees
Fast Fives Competition 4 Players + Goalie 2 x 10min halves Rules: Play ball from GK after a goal Interchange (Flying Subs) along side of pool up to half way of your end (no subs from goal line) Play ball outside 5m - can continue play & shoot if wishes Corner throw - can be played & head to goal & can shoot if wishes					
Fri 06 Dec 2024	18:20	Pool 3	Gunnamatta Megamouth Sharks	Arctic Orcas	
Fri 06 Dec 2024	18:20	Pool 4	Sutherland King Fish	Arctic Narwhals	
Fri 06 Dec 2024	18:40	Pool 3	Gunnamatta Guppy Sharks	Gunnamatta Sharpnose Shark	

Round 10 · Week starting Sun 08 Dec 2024

Sutherland Leisure Centre

Day	Time	Pool	Team 1	Team 2	Referees
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Fast Fives Competition
4 Players + Goalie
2 x 10min halves

Rules:

Play ball from GK after a goal

Interchange (Flying Subs) along side of pool up to half way of your end (no subs from goal line)

Play ball outside 5m - can continue play & shoot if wishes

Corner throw - can be played & head to goal & can shoot if wishes

Fri 13 Dec 2024	18:20	Pool 3	Arctic Orcas	Gunnamatta Guppy Sharks	
Fri 13 Dec 2024	18:20	Pool 4	Gunnamatta Sharpnose Shark	Sutherland King Fish	
Fri 13 Dec 2024	18:40	Pool 3	Arctic Narwhals	Gunnamatta Megamouth Sharks	